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Fun for the Whole Family on May 17th

Cleveland County Health Department to Host Summer Days, Healthy Ways Event

SHELBY, NC – The Cleveland County Health Department will be hosting the second annual Summer Days, Healthy Ways event on Saturday, May 17th from 11:00 am – 2:00 pm on their campus located at 200 S Post Rd, Shelby.

Summer Days, Healthy Ways is a fun, family friendly event with inflatables, minigolf, face painting, balloon art, sweet treats, free food, giveaways, raffles and more. The raffle will include a free Apple watch and two children's bikes.

Many community-based organizations will be present to share information and provide free giveaways and education on local resources to help keep children and families healthy this summer and beyond.

Health department staff will be available to provide free blood pressure and diabetes screenings for adults and school required immunizations for students. Insurance, including Medicaid, will be billed, if available, for immunizations. Immunizations will be provided at no cost for uninsured or underinsured students. Health department staff will also be available to complete NC Health Assessment Forms for rising pre-k and kindergarteners, or students new to NC schools for a flat fee of \$25. This is a great opportunity to get your child ready for next school year now before lines are long and appointments are limited. No appointment is necessary during this event.

"This event provides an opportunity for families to get out, get active, and spend quality time together in an affordable way," says DeShay Oliver, Deputy Health Director for the Cleveland County Health Department. "It also helps connect families with many resources that are

available to them in our community that they may not know about otherwise. Last year, we had a great turnout and hope to have an even better one this year. We plan to continue to host this event annually moving forward,” says Oliver.

This event is free and open to everyone. We hope to see you there.

For more information or if your agency is interested in staffing a community resource table, please call 980-484-5199.

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